

SHE INHERITED 160 ACRES OF LAND.
WHAT WAS UNDER THAT LAND... WAS GIVEN BY GOD.

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SARAH'S OIL

INSPIRED BY A TRUE STORY

DISCUSSION GUIDE

This discussion guide is designed for group use after watching the film. It provides Scriptures, reflection themes, and guiding questions to help your group dive deeper into the film and its biblical lessons.

WELCOME TO THE STORY OF SARAH

SARAH'S OIL tells the extraordinary true story of Sarah Rector—a young girl who dared to believe that God had a purpose hidden in what others saw as worthless. When her barren plot of land turned out to hold oil, her faith and courage were tested as the world suddenly took notice.

More than a story about wealth or discovery, **SARAH'S OIL** is a story about listening to God's quiet leading, standing firm when others doubt, and trusting His plan even in uncertainty. This guide is designed to help you reflect on Sarah's journey of faith—and on your own. You'll explore the themes of obedience, courage, and trust, anchored in Scripture and brought to life through Sarah's story. Whether you're gathering with family, friends, or your church group, may these conversations help you draw closer to the God who turns ordinary faith into extraordinary testimony.





THEME 1: HEARING GOD'S VOICE

Sarah Rector was given a piece of land no one believed was valuable. But Sarah dared to believe God had placed oil beneath that land. Even when those around her urged her to sell, she listened closely to God's whisper and chose to obey. Her faith didn't just start with hearing—it moved her to take bold steps that changed her life forever.

While everyone else saw impossibility, Sarah listened carefully and obeyed, trusting God's whisper even when it didn't make sense.

SCRIPTURE:

"The Lord said, 'Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by.'"

Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper. When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave.

Then a voice said to him, 'What are you doing here, Elijah?' — **1 Kings 19:11-13 (NIV)**

DISCUSSION QUESTIONS:

- What helps you discern God's voice in the middle of distractions and doubt?
- Can you share a time when obedience to God didn't make sense at first, but later you saw His plan unfold?

TRY THIS:

Set aside 10 quiet minutes this week to ask God a question—and listen for His gentle whisper.



THEME 2: STANDING FIRM IN FAITH

When a powerful oil company tried to pressure Sarah into giving up her land, she stood her ground. Sarah refused to be intimidated amid all the obstacles and pressures around her. Despite her youth and the overwhelming odds, she trusted that God had given her a purpose and the strength to stand firm and remain faithful.

SCRIPTURE:

“Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.” — **1 Corinthians 15:58 (NIV)**

DISCUSSION QUESTIONS:

- Where in your own life do you need courage to stand firm?
- How can Sarah’s boldness inspire you to stay faithful even when others underestimate you?

TRY THIS:

Identify one situation where you’re tempted to compromise your convictions. Pray for strength to remain steady and faithful, trusting that your perseverance matters to God.



THEME 3: TRUSTING GOD

Sarah's mother, Rose, faced a terrifying reality when she heard about children in similar situations being harmed. Despite her fears for Sarah's safety, Rose chose to stand firm in faith.

Rose had every reason to be afraid. Threats and real danger surrounded her and her family, especially her daughter. Yet she chose faith over fear, trusting that God's plan for Sarah and the land was worth believing, even when circumstances seemed threatening.

SCRIPTURE:

"God is our refuge and strength, an ever-present help in trouble." — **Psalms 46:1 (NIV)**

DISCUSSION QUESTIONS:

- How do you usually respond when fear feels overwhelming?
- How does Rose's example encourage you to trust God?
- What is one fear you can surrender to God right now, trusting Him to guide you?

TRY THIS:

Write down one fear and one promise—and give both to God in prayer.



THEME 4: COURAGE IN THE MOMENT

Sarah was scared when she had to speak before the judge—feeling small and uncertain. Yet, encouraged by her mother and strengthened by faith, she stepped forward, trusting that God would provide the words and courage she needed. Even before this, she had shown boldness by asking Bert to drill for oil on her land, stepping into action with faith despite the risks.

Sarah faced moments that felt overwhelming, requiring boldness and trust to move forward. She learned that courage meant taking action with faith, trusting God to guide her steps.

SCRIPTURE:

“When you are brought before synagogues, rulers and authorities, do not worry about how you will defend yourselves or what you will say, for the Holy Spirit will teach you at that time what you should say.” — **Luke 12:11-12 (NIV)**

DISCUSSION QUESTIONS:

- Have you ever felt God place you in a situation that was intimidating but important?
- Who in your life might be impacted if you step into courage instead of fear?

TRY THIS:

Notice one moment this week when you feel nervous or unsure. Instead of pulling back, whisper a prayer for courage—and take the next step.



THEME 5: FAITH THAT INSPIRES

Throughout the film, Sarah's commitment to integrity and faithfulness had a powerful impact—especially on Bert. Though Bert's own choices were sometimes questionable, Sarah's steadfast example challenged and shaped him, showing how consistent faithfulness in everyday actions can inspire change in others. By the end of the movie, we see a noticeable transformation in him: his decisions become more selfless, and integrity begins to guide his actions. This transformation is a direct result of his friendship with Sarah and her example of faith.

SCRIPTURE:

"In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." — **Matthew 5:16 (NIV)**

DISCUSSION QUESTIONS:

- Who has shaped your faith by their example of steady obedience?
- How might God use your everyday faithfulness to influence others?
- What's one step you can take this week to let your light shine in small but meaningful ways?

TRY THIS:

Tell someone this week about a time you saw someone's faith change a situation—and thank God for that example.

FACILITATOR'S NOTE

You don't have to be a pastor or Bible scholar to lead this discussion—just someone willing to create space for honesty, reflection, and connection.

- Start with prayer.
- Take your time—each theme is rich enough to explore in its own session if you want.
- Encourage everyone to share their thoughts, but also honor moments of silence and reflection.
- As much as possible, keep the conversation connected to the film and grounded in Scripture.

Remember, this is a story about faith—let your group's journey start there and grow naturally.

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